



Indigenous Health and Wellness Strategic Advancement in KFL&A

Indigenous Spaces and Places In Health Care

This component of the Indigenous Health and Wellness Strategic Advancement in KFL&A project, a partnership between Kingston Community Health Centres, (KCHC), the Frontenac, Lennox & Addington Ontario Health Team, (FLA OHT), and Three Things Consulting, (Three Things) is open to any FLA OHT member to express an interest in participating.

We hope to increase visibility of, and to recognize, celebrate, honour and showcase Indigenous approaches to wellbeing, along with the knowledge held by Indigenous Peoples of traditional approaches to health care, and the experiences in health spaces and systems.

This project will use various mediums to share important stories and context created by local Indigenous artists from the region. These pieces, regardless of medium, are more than art: they will carry with them the spirit, teaching, and truth telling from the individual artists perspectives.

We have engaged local Indigenous artists who are offering their vision(s) that can speak to one of the following:

- Something that recognizes Indigenous contributions to health and well being
- Something that showcases Indigenous representation (as health care users, workers, volunteers)

- Shares a teaching(s) that can be of benefit to a health space / public
- Or, something different that they feel can speak to the overall intention of the project

Three Things will identify up to six FLA OHT partners who can be a strong fit for the project, and who have made commitments towards meaningful and honourable relationships with paired artists, and the art piece that they will become responsible for.

All artist fees (including materials, labour and related expenses) are provided by Three Things. That's not to say there might not be costs to the FLA OHT partners, (see below).

Three Things will support the development of relationships between FLA OHT partners and artists, while facilitating a genuine partnership between selected FLA OHT partners and artists during the creation and planning for the transfer of the piece.

To do so, our team will match specific artists and health spaces by sharing a portfolio of potential works with identified FLA OHT partners, who will be able to determine what could fit in their space (literally, and figuratively) best.

Once an artist and FLA OHT partner are paired, an agreement will be finalized to determine a final draft of the piece, size, timeline, any costs that would need be fulfilled by the FLA OHT partner, (including associated care), and how the piece will be showcased / shared.

It is important to note that this piece will be a gift from the artist to the FLA OHT partner. Yet, as mentioned, this gift carries with it spirit of its own, so ownership does not apply; responsibility does. The FLA OHT partner has, by accepting this gift, understood that they are the caretakers of the piece and the responsibilities that will come with that.

On March 28th, 2025*, Three Things will host a showcase of these new pieces and will work with FLA OHT partners and artists participating in this component of the project. (*Date to be finalized by January 10th, 2025).



There are some key questions for potential FLA OHT partners to consider. Please provide your responses to Three Things at youmatter@3things.ca.

Do you envision something in an indoor or outdoor space?

Do you have an already planned space for a piece of art, and if so, what are the size dimensions available?

Please include a picture of the space you have in mind.

If the project needed electricity, is a power source available at the chosen location?

Is there likely to be activity at the site that would damage the piece (especially in the case of a visual art installation)?

Who is the intended audiences of the piece you would have in your space? Is there more than one?

What would you hope they would gain from it?

In what way(s) will you engage people (employees/volunteers) in your space through the project?

Have you planned and budgeted for costs of maintaining the piece and/or in case of damage, malfunction or wear & tear?

Do you envision the piece being moved (either within its current location or a secondary venue)?

If it may be moved how would plan on how to do so in a safe, respectful way?

Who, (role(s)), from your organization would participate in the showcase in late March?

Lastly, please share your perspective on the questions below:

Why does this opportunity matter to your organization?

What are you hoping an outcome of a new relationship with an Indigenous artist will be for your organization?

How has your space, to date, been actively listening and learning from Indigenous Peoples?

Can you identify any shifts that have occurred in the service(s) you provide based on what you have heard or learned from Indigenous Peoples?

What work has been undertaken by your organization in addressing the historic and ongoing inequity in health spaces for Indigenous Peoples?

While we understand reconciliation does not have an end point; that it is a series of ongoing efforts by non-Indigenous people, organizations and systems.

- If you were to rank where you see your organization, between 1, (having done nothing at all), and 10, (having contributed greatly to change that has been positively recognized by Indigenous Peoples) where would that be, and why?*

